

WRAP®

Wellness Recovery Action Plan

A GUIDE TO WRAP® PROGRAMMES IN EVE



Slánú - EVE's support & Development Department



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Foreword

EVE has for many years been committed to the development of contexts for recovery that build cultures where wellness can thrive. In association with the Copeland Centre, EVE offers a suite of Wellness Recovery Action Planning (WRAP®) programmes that are one of the building blocks to achieve this ambition. WRAP® was originally designed by Mary Ellen Copeland and further developed by people with experience of mental health difficulties to incorporate wellness tools and strategies into their lives. Internationally, WRAP® is recognised as one of the most popular self-management tools for maintaining mental health (Slade, 2009).

Building EVE's capacity to deliver a range of quality wellness programmes was greatly increased through our central role with IMHREC, the national consortium that rolled out Recovery and WRAP® programmes in 2009. This project succeeded in delivering national awareness raising events to over 500 people, delivered recovery and WRAP® programmes to 197 people (service users, staff, family and community stakeholders) and trained 67 WRAP® Facilitators. Trinity College Dublin's evaluation of the IMHREC project (Higgins et al., 2010) highlighted the positive impact of changes in peoples' knowledge, skills and attitudes towards recovery principles and their ability to teach and facilitate these changes in others. Their recommendations highlighted the need for a national strategy and support network to facilitate recovery education to expand beyond traditional mental health care environments into general health settings and the wider community.

Creating a common optimistic vision that recovery is possible is a key challenge set out in A Vision for Change (DoH&C 2006). Involving community stakeholders is a major part of addressing stigma, promoting social inclusion and effecting the paradigm shift required to achieve real change in Irish society. We therefore offer our programmes to people who use our services, our staff, colleagues in

the HSE and community partners, thereby sharing with everyone the opportunities that a focus on wellness can bring to us all.

Following the conclusion of the IMHREC project, EVE committed to develop a sustainable 'train the trainer' programme focussed on Recovery and WRAP® that we could deliver independently, whilst building capacity within the local communities in which we offer services. Quality assurance has been critical to ensure that the WRAP® programmes offered by EVE meet the standards set by the Copeland Centre, which ensures that the values and ethics of recovery remain central in all courses. The eligibility criteria and standards for course delivery is therefore stringent and facilitators are required to commit to peer-review, refresher training and are invited to join a WRAP® support network.

To date, EVE has delivered the Copeland Centre's Level 1 WRAP® programme to approximately 400 people, with 59 completing the Level 2 Facilitator five day programme. Those attending these programmes have comprised EVE staff, service participants and Clubhouse members from EVE centres, as well as colleagues from other community based organisations. This has created additional capacity both within EVE and in the broader stakeholder community to independently deliver the Level 1 programme. With our qualified Advanced Level Facilitators, we offer the Copeland Centre's Level 2 WRAP® Facilitator programme. Having a sufficient number of accredited Advanced Level WRAP® Facilitators was essential for us to ensure we could independently deliver the full suite of WRAP® programmes, in accordance with the values and ethics central to WRAP®.

Delivering these programmes has highlighted capacity issues in regard to facilitating WRAP® groups. Individuals who would like to train as WRAP® facilitators (and in some instances who have already trained as WRAP® facilitators) identified both confidence and competency issues, regarding their facilitation skills and their ability to assume a meaningful co-facilitator role. In response, EVE has designed and delivers a 30 hour *Co-Facilitation Skills Programme*. From this course, participants have gone on to complete the Level 2 WRAP® Facilitator

programme and are actively involved in delivering the Level 1 programme in EVE services and in the wider community. The co-facilitation course is delivered as a shared training event for both staff and service users.

With its emphasis on self-management and health promotion, the demand for WRAP® and programmes focussed on wellness is growing with a range of options emerging in mental health services and communities alike. WRAP® is characterised by a core set of recovery values and beliefs that ground its practice for those who both use WRAP® and train others to do so. It offers people a valuable opportunity to focus on their personal wellness and a framework to guide their journey which conveys a powerful message of recovery to the individual, their family and their community.

In this guide, we outline the three WRAP® programmes and the Co-facilitation Skills Programme currently offered by EVE. Should you wish to know more about any of these programmes and our services, please do not hesitate to contact us. And above all, let's focus on developing cultures of wellness and ensure that all of us can avail of "hope-inspiring" opportunities like WRAP®.

Margaret Webb PhD
HSE EVE
January 2015

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How this WRAP® Programme Guide can help you...

This WRAP® Programme Guide has been produced by EVE to support the delivery of the WRAP® programmes we provide for people involved in EVE services, HSE services and the communities in which we work.

For some people, their interest in WRAP® is uniquely personal and forms part of a journey of personal discovery towards wellness. For others, their interest also lies in sharing WRAP® and supporting people to learn the skills to both achieve and maintain wellness. Training as a WRAP® facilitator is one of the key ways in which this can be accomplished.

We hope that this document, which is faithful to Mary Ellen Copeland's materials, will provide interested people, groups and organisations with an outline of the WRAP® programmes offered by EVE and the practical information they need in order to decide if WRAP® programmes are for them.

Aims of the WRAP® Programme Guide

We hope this Guide will:

- ▶ promote an understanding of WRAP®; and
- ▶ outline the WRAP® programmes delivered by EVE.

The aim of this guide is to promote the delivery of quality WRAP® programmes across the HSE and with our partners in the community.

What is WRAP® (Wellness Recovery Action Planning)?

WRAP® is a 'self-management' recovery and wellness tool used by many people around the world to to monitor uncomfortable and distressing feelings and behaviour and, through planned responses, reduce, modify, or eliminate them.

WRAP® was developed by Mary Ellen Copeland, along with individuals with lived experience of mental health difficulties, who shared their learning on what worked for them to support their mental health. This resulted in a programme based on five key concepts of recovery, which encourages participants to identify strategies and tools to achieve and maintain wellness (known as wellness tools). Participants also create a plan to support the maintenance of wellness on a daily basis, to respond to challenges to wellness, and to identify actions to be taken by others when it is not possible to make good decisions. Along with the main programme, WRAP® facilitators may address a range of additional recovery topics.

(Advanced WRAP® Facilitator Network Ireland, 2014)

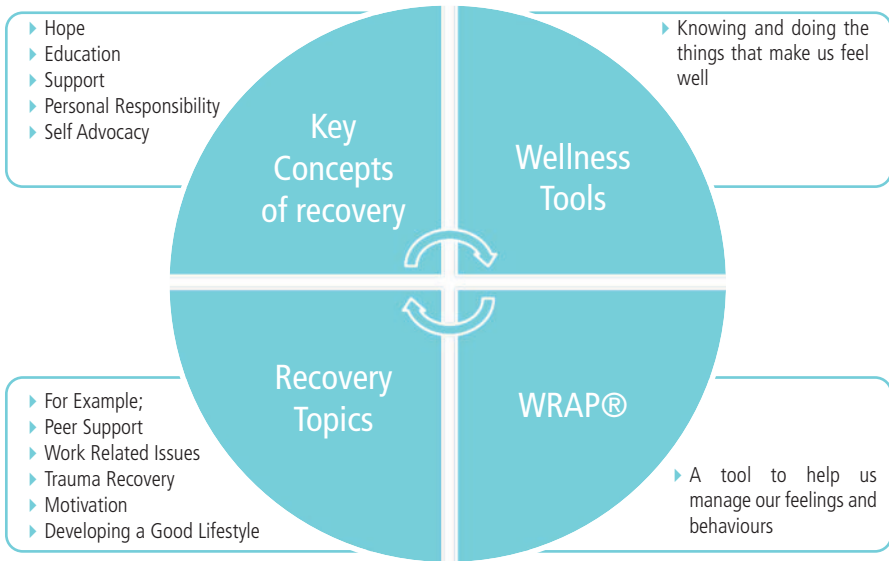


Figure 1. Topics covered by WRAP Facilitators

(Advanced WRAP® Facilitator Network Ireland, 2014)

Note: WRAP® does not necessarily replace any other treatments or supports already in place, but it can certainly be used to complement them.

Who is WRAP® for?

WRAP® has a broad applicability. While WRAP® was originally designed as a support to people experiencing mental health difficulties; it can also be used by people who have other medical conditions and life issues such as diabetes, addiction, trauma-related issues and more.

What are the core principles of WRAP®?

The core principles of WRAP® are captured clearly in the message conveyed to people who choose to develop a WRAP® plan.

“Every part of WRAP® is totally voluntary. You, the person who is developing the WRAP®, decide if you want to do it, when you want to do it, how long you will take, what it will include and who assists and supports you.” (Mary Ellen Copeland, 2009)

1. **You are the only person who can choose to create your WRAP®.**
In order for your WRAP® to be useful to you, it is important that you create your own WRAP®. While others may help you, you know yourself best and what will work for you.
2. **Developing your WRAP® takes time.**
For many people, the plan will need to be reviewed and adapted as your goals change. It’s a tool for learning about yourself and the things which help your recovery.

- 3. Creating your WRAP® can be a challenging process.**
You may find that devising your WRAP® is a challenge as it can involve reflecting on, and learning from, difficulties you may have faced in the past.
- 4. Learning about and developing your WRAP® is best done in a group setting with a trained facilitator.**
Copeland Centre accredited facilitators deliver WRAP® in accordance with the values and ethics of the programme, the latest learning from the experience of delivering programmes internationally, and best practice based on research evidence. Learning in a group environment gives you an opportunity to discuss issues and take part in a shared experience with others in a safe environment. (*Scottish Recovery Network, 2014*)

WRAP® Values and Ethics

WRAP® is underpinned by a core set of values and ethics which are an essential part of delivery of all WRAP® groups.

1. Each session supports the premise that there is hope, that people can get well, stay well for long periods of time, and do the things they want to do with their lives.
2. Self-determination, personal responsibility, empowerment, and self-advocacy are key aspects of this programme.
3. The programme supports workshop decision making and personal sharing.
4. Participants are treated as equals with dignity, compassion, mutual respect, and unconditional high regard.

5. There is unconditional acceptance of each person as they are, unique, special individuals, including acceptance of diversity with relation to culture, ethnicity, language, religion, race, gender, age, disability, sexual orientation, and 'readiness' issues.
6. This programme is based on the premise that there are "no limits" to recovery.
7. Participants are given the opportunity to explore choices and options, and are not expected to find simple, final answers.
8. All participation is voluntary.
9. It is understood that each person is the expert on her or himself.
10. The focus is on individual strengths and away from perceived deficits.
11. Clinical, medical and diagnostic language is avoided.
12. The focus is on peers working together and learning from each other to increase mutual understanding, knowledge and promote wellness.
13. The programme emphasises strategies that are simple and safe for anyone, and it stays away from strategies that may have harmful effects.
14. Difficult feelings and behaviours are seen as normal responses to traumatic circumstances and in the context of what is happening and not as symptoms or a diagnosis.
15. There is unconditional acceptance of all creative work and expressions that are created or brought to each session.
(Mary Ellen Copeland, 2009)

Who Facilitates WRAP® in EVE?

All WRAP® groups are co-facilitated by teams of two Copeland Centre accredited WRAP® Facilitators. WRAP® facilitators will typically be people who work in mental health services and/or have lived experience of mental health difficulties. Within EVE, a facilitator panel has, to date, been drawn from staff, participants and Clubhouse members. In time, we anticipate its growth in light of our ongoing commitment to capacity-raising for community stakeholders and participants/members from EVE's services.

Facilitating WRAP® Programmes: What's best practice?

In accordance with best practice and to ensure effective delivery of the programme, a minimum of two facilitators deliver WRAP® programmes in EVE. The presence of two facilitators provides a number of advantages:

- ▶ Firstly, it provides an opportunity for on-going learning, support and development through an opportunity for facilitators to provide feedback to each other in relation to delivery. In addition, this enhances the programme overall through discussion between facilitators and agreement regarding the most effective way of dealing with issues that have arisen for the group.

- ▶ In addition, having a second facilitator provides variation in the style of the programme delivery which will assist participants in maintaining interest and concentration during the programme.
- ▶ Finally, in the event that a difficulty arises for a participant within the group, one of the facilitators can assist that person if required, thereby causing less disruption to the group overall.

Both facilitators will have completed a Copeland Centre accredited Facilitator programme, in addition to having experience of using WRAP® to support their own wellness. We also encourage facilitators to consider 'partnering' with other organisations in the community who may have fully trained WRAP® facilitators, with a view to delivering sessions attended by participants from both services to foster greater community engagement and mental health awareness.

Facilitators may choose to provide an opportunity to those with an interest in completing the five-day facilitator programme to co-facilitate as a third member of the facilitator team. This third facilitator should be someone who is currently using WRAP® to assist them in managing their wellness, and has an interest in developing skills required to facilitate WRAP® programmes. This person must be familiar with and subscribe to the ethics and values underpinning WRAP® and the relevant organisation guidelines and procedures. This provides a way for someone to have experience of WRAP® facilitation, whilst being mentored.

WRAP® programmes are offered across three levels, as outlined below.

Level 1

Introduction to Mental Health Recovery and WRAP®

- ▶ **Duration:** 2 days/16 hours
- ▶ **Aim:** Participants learn to write their own WRAP® in a group setting

Level 2

WRAP® Facilitator Training

- ▶ **Duration:** 5 days plus preparation reading and practice
- ▶ **Aim:** Participants learn to facilitate WRAP® groups

Level 3

Advanced Level WRAP® Facilitator Training

- ▶ **Duration:** 5 days plus experience running groups
- ▶ **Aim:** Participants learn to facilitate WRAP® groups and train WRAP® facilitators

What is a Level 1 WRAP® Programme?

A Level 1 WRAP® programme is designed to give people an opportunity to learn about Key Recovery Concepts and develop their own personal WRAP® plan.

The following guide sets out the basis on which people participate in a Level 1 WRAP® Programme in EVE.

Participating in a Level 1 WRAP® Programme

- ▶ Participation in WRAP® is voluntary and while people may be encouraged to attend, they are free to decline, if they wish.
- ▶ Participants are free to withdraw their participation from the programme at any stage.
- ▶ No participant is required to complete a WRAP® plan or show their WRAP® plan to anyone.
- ▶ Participants on WRAP® programmes can comprise both service participants and staff members from EVE along with staff members from HSE services and community groups or other.
- ▶ In the event that a participant is unable to attend a session, facilitators should, where possible, talk the participant through the session at a later stage, so they have a reasonable understanding of what they missed. However, it may be the case that it is not possible for facilitators to do this, particularly if someone has missed multiple sessions.
- ▶ WRAP® sessions should be scheduled as a stand-alone programme rather than incorporated into an existing group.

Level 1 WRAP® Programmes in EVE

- ▶ Level 1 WRAP® Programmes in EVE are offered locally in our community services. You can find a directory of EVE services on pages 15 and 16 and can contact one near you to find out when the next group will take place.
- ▶ Programmes run over a minimum of 16 hours and a maximum of 24 hours (this includes tea and lunch breaks). Based on our experience of running groups in EVE, we have found that groups facilitated over two, three or four days or even eight weeks can all run successfully.
- ▶ They maintain the same membership throughout the programme which helps to create a comfortable and safe environment.
- ▶ In order to gain a Certificate of Attendance for the Level 1 WRAP® programme, the participant needs to cover the whole programme.
- ▶ When Level 1 is complete, we recommend establishing a support group that can meet on a regular basis. Participants in these groups are free to opt in and out as interest and commitments allow. New members are welcome to join, once they have completed Level 1.
- ▶ The support group can decide on the frequency of meetings and on the topic they want to explore further. This creates an opportunity for participants to build on their success achieved so far.

Comments from participants on a Level 1 WRAP® Programme:

"The WRAP® group was very enjoyable and informative. I learned a lot of things about how to improve my mental and physical health. I learned how to spot behaviour triggers and how to cope better. The group also helped with my social skills

i.e., working in a group and also taking time to think things through. The facilitators made you feel relaxed and able to enjoy the group. They explained and answered questions very well. I would recommend the WRAP® group to anyone with mental health problems."

"I thought the group was really interesting. If someone didn't know what to do there was plenty of people there to help. The information was very useful and will come in handy in the future."

What is a Level 2 WRAP® Facilitator Programme?

Level 2 WRAP® Facilitator programmes comprise five days designed to equip people with the skills and knowledge to deliver Level 1 WRAP® programmes.

To apply for a Level 2 WRAP® Facilitator programme, course applicants must have:

- ▶ Completed a Level 1 programme;
- ▶ Completed a WRAP® group or the Copeland Centre WRAP® Level 1 programme correspondence course;
- ▶ Developed their own WRAP® plan; and
- ▶ Use their own WRAP® plan regularly.

Commitment required from WRAP® Facilitators

For those who apply to attend the Level 2 five day WRAP® facilitation programme run by EVE, we ask that they and/or their organisation give a commitment that they will deliver WRAP® groups once trained. Based on advice from the Copeland Centre and mindful of the level of resources invested in the course participants, we request this commitment in the application process

WRAP® Facilitators receive certification when they have:

- ▶ Attended at least 80% of the course. (Absence of 20% of the course is acceptable for unavoidable personal and medical reasons);
- ▶ Completed all four Practice Elements (practice elements entail demonstration of knowledge of WRAP® and illustration of one's own application of WRAP®); and
- ▶ Communicated and demonstrated throughout the course their commitment to the core set of values and ethics underpinning WRAP®.

Those attending the five day WRAP® facilitator programme will be given a Certificate of Attendance. A Certificate of Completion will only be awarded in cases where participants have reached the required level of competence based on their demonstrated ability to deliver the programme in accordance with the values and ethics of WRAP®.

Quality assuring the delivery of WRAP® programmes is essential if we are to ensure a safe and useful space for people who wish to participate and learn more about this valuable self-management tool.

Our team have been trained by Copeland Centre accredited facilitators and deliver accredited WRAP® programmes. Course participants are guaranteed that the programme they complete will be delivered to the highest possible standard and will be underpinned by the values and ethics central to WRAP®.

Slánú, EVE's support & development department, publish dates and information on Level 2 WRAP® Facilitator programmes and facilitator refresher workshops on our website www.eve.ie.

For further information on our WRAP® Programmes you can contact Slánú at wrap@eve.ie.

Comments from participants on a Level 2 WRAP® Programme:

"The Level 2 WRAP® Facilitator course has given me a much deeper understanding of wellbeing, recovery and the importance of WRAP® in my own life. I learned so much over the five days from the course facilitators and other members of the group. It has given me a great foundation for facilitating a WRAP® group, and I'm sure my confidence will grow over time."

"The facilitators made the content of the course easy to understand and fun to learn, there was plenty of room for exploring the ideas and concepts of WRAP® and also for sharing thoughts and experiences. The ice breakers and various exercises, throughout the five days, allowed us all get to know each other as a group. This was great when it came to completing the practicums, it was nice to be part of a group that I felt comfortable with. The five days definitely gave me the confidence to co-facilitate a two day course with my colleagues which I have done now three times."

What is Level 3 Advanced Level WRAP® Facilitator Programme?

This five day programme is designed to certify Advanced WRAP® Facilitators who facilitate Level 2 WRAP® programmes.

To become an Advanced WRAP® Facilitator, applicants must have:

- ▶ Completed a Level 2 WRAP® Facilitator programme;
- ▶ Involvement in facilitating at least five Level 1 WRAP® programmes;
- ▶ Developed and use their own WRAP® regularly; and
- ▶ Capacity to deliver both Levels 1 and 2 programmes.

Who delivers Advanced Level WRAP® Facilitator Programmes?

Only Copeland Centre International facilitators can deliver the Level 3 Programme.

In 2013, EVE hosted the delivery of an Advanced Level WRAP® Programme by the Copeland Centre in our premises in Brú Chaoimhín, Cork Street, Dublin 8. For more information on Level 3 programmes see the Copeland Centre site www.copelandcenter.com.

WRAP® Continuing Development in EVE

All Copeland trained WRAP® facilitators are required to complete a refresher course every two years in order to practice as a WRAP® Facilitator. Members of the EVE panel are also offered mentoring and support from the EVE Facilitator Network to ensure that the values and ethics central to WRAP® programmes are maintained in all courses delivered by EVE.

Are there supports for WRAP® Facilitators?

In terms of immediate support for facilitators, peer support should be provided by facilitators to each other while engaged in programme delivery. Facilitators may also access support and advice from Advanced Level WRAP® facilitators in EVE.

EVE's WRAP® Facilitator Network is there to:

- ▶ Ensure WRAP® principles, values and ethics are being adhered to by all facilitators;
- ▶ Provide a forum for WRAP® facilitators to share experiences in facilitating WRAP® groups;
- ▶ Explore elements of good practice;
- ▶ Present an opportunity for group problem solving and support in relation to dealing with challenges;
- ▶ Provide WRAP® Facilitators with a forum to share creative ideas, resources, etc.;
- ▶ Support the development of WRAP® within HSE/EVE; and
- ▶ Facilitate relevant sharing regarding WRAP®.

EVE's Co-Facilitation Skills Programme

Our experience of delivering WRAP® programmes has taught us that some people who are keen to become a WRAP® Facilitator can lack confidence in their ability to take on this role. For some, this is a new role and so there is a need to develop a new skill set in order to assume the facilitator duties in full. In response, we designed and currently deliver a 30 hour *Co-Facilitation Skills Programme*.

If you are interested in further information on this programme, you can contact the Slánú team at wrap@eve.ie.

Co-Facilitation Skills Programme in EVE:

- ▶ Comprises a minimum of 30 hours run over five sessions;
- ▶ Maintains the same membership throughout the programme which helps to create a comfortable and safe environment for the group;
- ▶ In order to gain a certificate for the EVE Co-Facilitation Skills Programme, the participant needs to cover the whole programme and complete the practice elements; and
- ▶ If a participant does not complete the programme, they can be offered a place in another group.

Useful Resources

In addition to support from the EVE WRAP® Facilitator Network, you may find the following resources helpful:

- ▶ Copeland, M.E. (2009). *Facilitator Training Manual: Mental Health Recovery Including Wellness Recovery Action Plan® Curriculum*. Vermont: Peach Press.

www.copelandcenter.com

www.mentalhealthrecovery.com

www.scottishrecovery.net

- ▶ Copeland, M.E. (2014). *A WRAP® Workbook for People with Developmental Distinctions*. Vermont: Peach Press.

References

- ▶ Advanced WRAP® Facilitator Network Ireland (2014). *Introduction to Wellness Recovery Action Planning®: An Evidence Based Practice*.
- ▶ Copeland Center For Wellness & Recovery (2009a) *The Copeland Centre in Action*. <http://www.copelandcenter.com>
- ▶ Copeland Center For Wellness & Recovery (2009b) 'What is WRAP®?' <http://www.copelandcenter.com/wellness-recovery-action-plan-wrap>
- ▶ Department of Health and Children. (2006) *A Vision for Change*. Dublin: Stationary Office.
- ▶ Higgins A., Callaghan P., de Vries J., et al. (2010) *Evaluation of the Mental Health Recovery and WRAP® Education Programme: Report to the Irish Mental Health and Recovery Consortium*. Dublin: Trinity College Dublin.
- ▶ Slade, M. (2009) *Personal Recovery and Mental Illness: A Guide for Mental Health Professionals*. Cambridge: Cambridge University Press.

Directory of EVE Services

HSE Community Health Office Areas 6 & 7

Clubhouse

Cairdeas Clubhouse, Unit H, Solus Tower Industrial Estate, Corke Abbey Avenue, Bray, Co. Wicklow.
Tel: 282 7951 / 282 7952 Fax: 282 7953
Email: clubhousebray@eve.ie
Blog: <http://cairdeasclubhouse.blogspot.ie>
Contact - Mary Marini

Platinum Clubhouse EVE, Unit B1, Newbridge Ind. Est., Newbridge, Co. Kildare.
Tel: 045 433 229 / 045 486 388
Fax: 045 433 206
Blog: <http://platinumclubhouse.wordpress.com>
Website: www.kildare.ie/platinum
Contact - Carmel Doyle

Phoenix Clubhouse EVE, 96 Monastery Road, Clondalkin, Dublin 22.
Tel: 467 0632 Fax: 405 6439
Email: phoenixclubhouse@eve.ie
Contact - Des Ward

Rainbow Clubhouse EVE, Cherry Orchard Campus, Ballyfermot, Dublin 10.
Tel: 626 6596 / 626 6625 Fax: 623 3910
Email: rainbow@eve.ie
Website: <http://rainbowclubhouse.ie>
Blog: <http://rainbowclubhouse.wordpress.com>
Contact - Alice Dodrill

Community Based Services¹

EVE Cherryfield, Whitehall Square, Quarry Drive, Walkinstown, Dublin 12.
Tel: 450 4034 / 450 0029 Fax: 409 7880
Email: cherryfield@eve.ie
Blog: <http://evecf.blogspot.ie>
Contact - Kathryn Coughlan

EVE Harvest Centre, Dublin Road, Kildare Town, Co. Kildare.
Tel: 045 522 537 Fax: 045 522 032
Email: harvestcentre@eve.ie
Contact - Edel Murphy

HSE Print & Design EVE, Unit 13, Westlink Industrial Estate, Kylemore Road, D 10.
Tel: 626 3447 / 626 6726 Fax: 626 3159
Email: print.design@hse.ie
Contact - Shane Gill

EVE Larine, The Square, Maynooth, Co. Kildare.
Tel: 628 9465 Fax: 629 1790
Email: larine@eve.ie
Blog: <http://www.evelarinecourt.blogspot.com/>
Contact - Paul Dowling

EVE New Horizon, 44 Broomhill Close, Airton Road, Tallaght, Dublin 24.
Tel: 459 7330 Fax: 459 7694
Email: newhorizon@eve.ie
Blog: <http://hubnewhorizon.wordpress.com>
Contact - Anne Flanagan

EVE Riverview, Good Counsel Centre, Ballyboden, Dublin 16.
Tel: 495 7132 Fax: 493 2847
Email: riverview@eve.ie
Blog: <http://rivervieweve.wordpress.com>
Contact - Eoghain Doyle

EVE Thomas Court, 26 Hanbury Lane, Dublin 8.
Tel: 453 1722 / 454 2072 Fax: 453 6129
Email: thomascourt@eve.ie
Blog: <http://evethomascourt.wordpress.com>
Contact - Theresa Hall

EVE Tuiscint, 124E, Emmet Road, Inchicore, Dublin 8.
Tel: 709 3424 Fax: 416 3809
Email: tuiscint@eve.ie
Blog: <http://evetuiscint.wordpress.com>
Contact - John Faassen

Vocational Training

EVE GHIS, Brú Chaoimhín, Cork Street, Dublin 8.
Tel: 415 6801 Fax: 415 6870
Email: abarnes@eve.ie
Blog: <http://blog.ghis.eu>
Website: www.ghis.eu
Contact - Aidan Barnes

¹ Community based services are a blend of former Rehabilitative Training (RT) centres and Occupational Services (OS). These centres will, over the next four years evolve and transition into HUB style programmes.

Directory of EVE Services HSE Community Health Office Area 9

Clubhouse

Conai Clubhouse EVE, Warren House, 1 Main Street, Blanchardstown, Dublin 15.
Tel: 805 3472 Fax: 805 3459
Email: conaiclubhouse@eve.ie
Contact - Sharon Sheridan

Saol Clubhouse EVE, Unit 14, Tolka Valley Business Park, Ballyboggan Road, Finglas, Dublin 11.
Tel: 830 7455 / 830 7400 Fax: 830 9455
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Contact - Louise Coonagh

Suaimhneas Clubhouse EVE, Unit 103, Newtown Industrial Estate, Coolock, Dublin 17.
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Blog: <http://suaimhneasclubhouse.wordpress.com>
Website: www.suaimhneasclubhouse.ie
Contact - Claire Brennan

Community Based Services

EVE Airdnua, North Road, Finglas, Dublin 11.
Tel: 834 5927 / 834 5888 Fax: 834 5961
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Blog: <http://airdnuaeve.wordpress.com/>
Contact - John Sweeney

EVE Castleview, Unit 1A, Century Business Park, St. Margaret's Road, Finglas, Dublin 11.
Tel: 864 2290 Fax: 864 2291
Email: castleview@eve.ie
Contact - Eddie O'Reilly

EVE Estuary Centre, Lissenhall, Swords, Co. Dublin.
Tel: 840 5459 / 840 3900 Fax: 840 5258
Email: estuarycentre@eve.ie
Blog: <http://eveestuary.com/>
Contact - Linda Nolan

EVE Goirtín, C/O 224 North Circular Road, Dublin 7.
Tel: 838 0952 Fax: 868 3893
Email: goirtin@eve.ie
Blog: <http://goirtineve.wordpress.com>
Contact - Peter Dunican

Vocational Training

EVE Plantmarket, Blakes Cross, Lusk, Co. Dublin.
Tel: 843 7351 Fax: 843 7108
Email: plantmarket@eve.ie / vocationaltraining@eve.ie
Blog: <http://www.plantmarket.ie>
Contact - Fiona Neacy

