

Eve, Tuiscent

Students contributions

Newsletter Date

NEWSLETTER

Tuiscent Hub supports people with a diagnosis of ASD to live their lives based on their own personal goals.

We offer a range of supports to help each person to live a healthy, fulfilling and independent life.

We support people to get more involved in their community and develop their natural supports. This is achieved through a mix of centre based modules and community activities.



Inside this issue:

*National ploughing	1
*Halloween Dress Fest	
*Tasty Tuiscent Recipes	2
*Mental Health Day in the Park	
*Student Fundraisers	
*Netflix comes to Dublin 8	3
*Pet Corner	
*Students Achieve-	
60 second Profile	4
*Students meet the Coronas	5
Tuiscent welcomes new staff	6
Students meet the Cornas	7

Special points of interest:

- Farwell to Máirtín
- Students Graduations & Work Experience
- Movember fundraiser
- Shoebox
- Mental Health Day in the Park
- Football tournament
- Halloween Party And Fancy Dress
- Tuiscent Activities

What we've been up to in Tuiscint...

NATIONAL PLOUGHING CHAMPIONSHIP



On the 22/09/2022 we went on a road trip down to Ratheniska Co Laois. We got on road for 09:30am and made tracks to Co. Laois. We arrived just after 11am which was right in time for the show. Unfortunately the weather was not on our side but regardless we had a great day. We were all prepared with our welly boots and rain protective gear, thankfully!

We had lunch, explored through the stalls and food markets, attended the ploughing competitions and went to the RTE tent where we seen Joe Duffy and Mike Denver. Mark was lucky enough to get the last Mike Denver hat, he was delighted. We got free apple seeds for planting and lots of free snacks YUM!!

WORLD MENTAL HEALTH DAY

On the 10th of October it was World Mental Health day. We all came together at the Phoenix park which was the meeting point for all who were attending. We planned a short route which was 2km to walk and talk. This walk allowed opportunity for everybody to meet other service users from various Eve Centre's across Ireland. This walk was to raise awareness of Mental health issues around the world and to mobilize efforts in support of mental health.

The turn out was amazing and it was great to see everyone out enjoying themselves, socializing and getting involved. Everyone that attended was provided with a green ribbon which represented change.

After the short walk everyone was provided with refreshments and was given an opportunity to talk and discuss what makes them happy. Overall this day was a really successful event for all involved

ART AND PHOTOGRAPHY EXHIBITION

In August Tuiscint and GHIIS came together to host an art exhibition. Each student brought their own personal art work that they had completed in the centre or at home and presented it on the day. Students family member and other centres came to visit and refreshments were given. It was a great success and everyone thoroughly enjoyed. It was a great success!

Students Achievements

MEET AIDAN

Huge congratulations to Aidan, one of our talented students here in Tuiscint for finishing college.

Aidan studied to become a personal trainer. We are all delighted for you and proud. Aidan has completed his exams and successfully passed all subjects. We all wish you the best of luck with your future.



MEET AOIFE

Aoife has shown her fearlessness in stepping into the breach and taking up the reigns of reception duties recently in Tuiscint.

While work was being carried out recently in Tuiscint, Aoife managed all the incoming phone calls and visitor assistance at reception. With various trainings workshops and contractors carrying out upgrades Aoife held responsibility for insuring visitors got to where they needed to be. In line with HSE guidelines for Covid Aoife ensured every visitor complied with correct PPE and signed the visitors book. Well done Aoife! Thanks for all the help.



STUDENTS FUNDRAISE

CHERITH COOPER

Team hope is a Christian charity that helps vulnerable children and adults in need overseas in many countries in Africa and Eastern Europe to receive an education.

This year Tuiscint filled a few shoeboxes full of essential items including hats, gloves, stationery, toys and hygiene items. A donation of €4 was also given towards shipping. They were then brought to a warehouse where they check for unsafe or banned items, and fill up boxes and get them ready for shipping.

AIDAN KELLY

This year, our student Aidan completed a fundraiser in order to raise money for Pieta house. This is an amazing organisation that supports people around mental health.

Aidan didn't shave his face for the month of November.

Staff and students supported Aidan in this fundraiser.

Well done Aidan!

What we've been up to in Tuiscint...

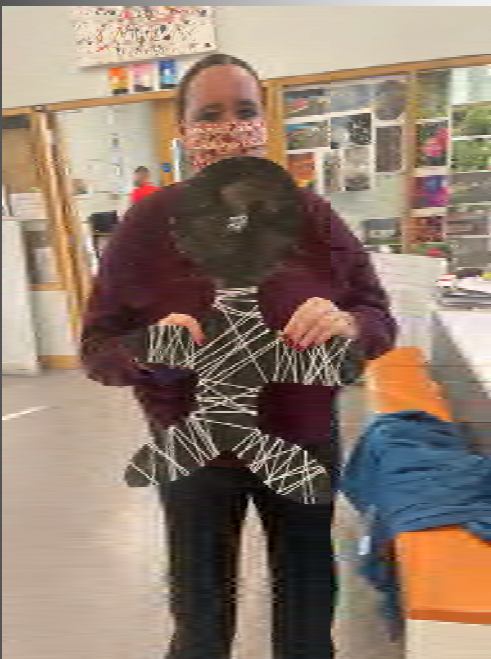
HALLOWEEN FANCY DRESS

In October Tuiscint's participants flare to scare was celebrated with our Halloween dress fest .

Sean Alanna and Aidan took the honours as best dressed each winning a giant cuddly bear teddy donated by staff member David.



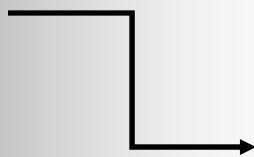
HALLOWEEN ART WORK



BEST DRESS PRIZES



ONE OF OUR FANCY DRESS WINNERS!!!!

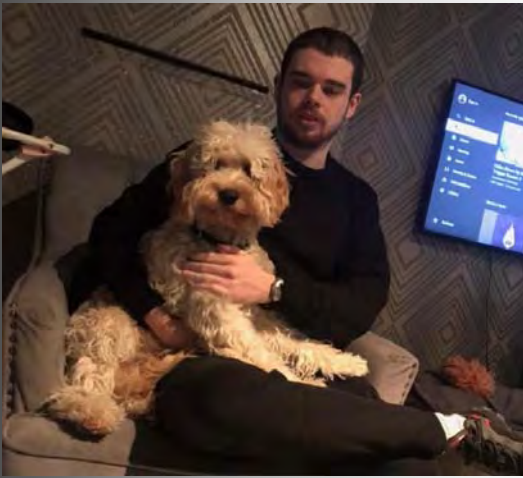


Students contributions



Written by Evan Boobey

Archie is a Cocker poodle and is nearly two. He is friendly and my best friend. He is like my child.



My dog sandy is a rescue dog who likes to get a pat on the head by everyone and to go on walks and eats nearly anything tasty.

By Cherith

Written by Rachael Gordan

Last Autumn my culinary tutor Máirtín Carter spent his last days at Tuiscint Brú Caoimhin. Over the past 5 years with us he was a healthy man, a media man and a lifestyle man.

He has had some very hard working days in Eve Tuiscint with many achievements : Power walking from Greystones to Bray and the Healthy Ireland annual day in Swords.

Máirtín now currently holds a new position in Cherryfield where he does media and communications.

We miss you Máirtín

When Netflix came to Dublin 8

Written by Dylan Mc Ardle

When out for a walk, Tuiscint came across a shooting for a movie! We talked to one of the staff that was overseeing everything and he said that the name of the movie was called "Black taxi" and it will be on Netflix at some point in the future.

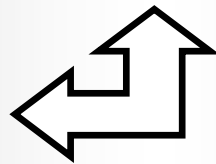
After finishing Tuiscint, I went back to the area of the shoot to see if they were still there since it was getting a bit dark and surprisingly they were! They were setting up a scene where a man was going to get hit by the black taxi! Before the stunt could happen they had to set up a system for the actor to be safe. A rope on a pulley was attached to the actor and the car.



Talent in Dublin 8!!!

MEET OUR VERY TALENTED STUDENT SHANE

Shane is an extremely talented song and rap writer. He has been writing music up to 18 years. Shane says.. Tuiscint has supported me throughout lockdowns and the kindness of the other students and staff has helped me with my confidence and motivation. I decided to write a poem for my appreciation.



"I'd like to show my special appreciation, Its given me amazing determination, Everyone was behaving so kind, It uplifted my terrific mind, The support was not left short, I wish everybody a bright future, May it shine a light sooner, We do deserve to have care, Even when we do feel scared, Hope is not lost and support is here, Keep yourself grounded within as the sky is clear".

AUTISM AWARENESS COURSE

This year Mary the Psychologist from studio 3 delivered a 10 course in Autism awareness. A group of students participated in it and successfully finished the 10 week programme coming out with a cert at the end of it. Huge congrats to these group of students.

From the huge interest in this course Mary has decided to run another 10 week course with another group of students. Best of luck to you all!

Students give one word on how they found the course...

Terrific

Mark

Brilliant

Sean



Christmas here at Tuiscint

Thanks to Sean we all got to watch and enjoy his favourite movie 'EIF'.

We added the extra festive theme of wearing Christmas jumpers and hats.

Everyone really enjoyed the movie and of course the snacks!



KRIS KINDLE

This year staff and students participated in Kriskindle. On the 12/12/22 staff and student went on a day trip to Liffey Valley. This gave everyone an opportunity to purchase their Kris Kindles and enjoy some lunch together. Overall this was a successful outing and everyone had a great day out.

CHRISTMAS CRAFTS!!



TUISCINT TRAINING AND CLASSES 2022

Driver Theory

This year 3 amazing students participated in a driving theory programme courtesy of the Ballyfermot Chapelizod Enterprise. This was a 6 week programme run by an external instructor. This was a huge success and we wish these 3 students the best of luck in their exam.

Health and Wellbeing

Tuiscint has become a really health focused centre after the Healthy Ireland policy was implemented. We have been focusing greatly on a healthy mind and a healthy heart throughout our programmes. These include healthy cookery, gym and swimming, stressless, rowing, walks and talkshop,

ETB (Educational training board)

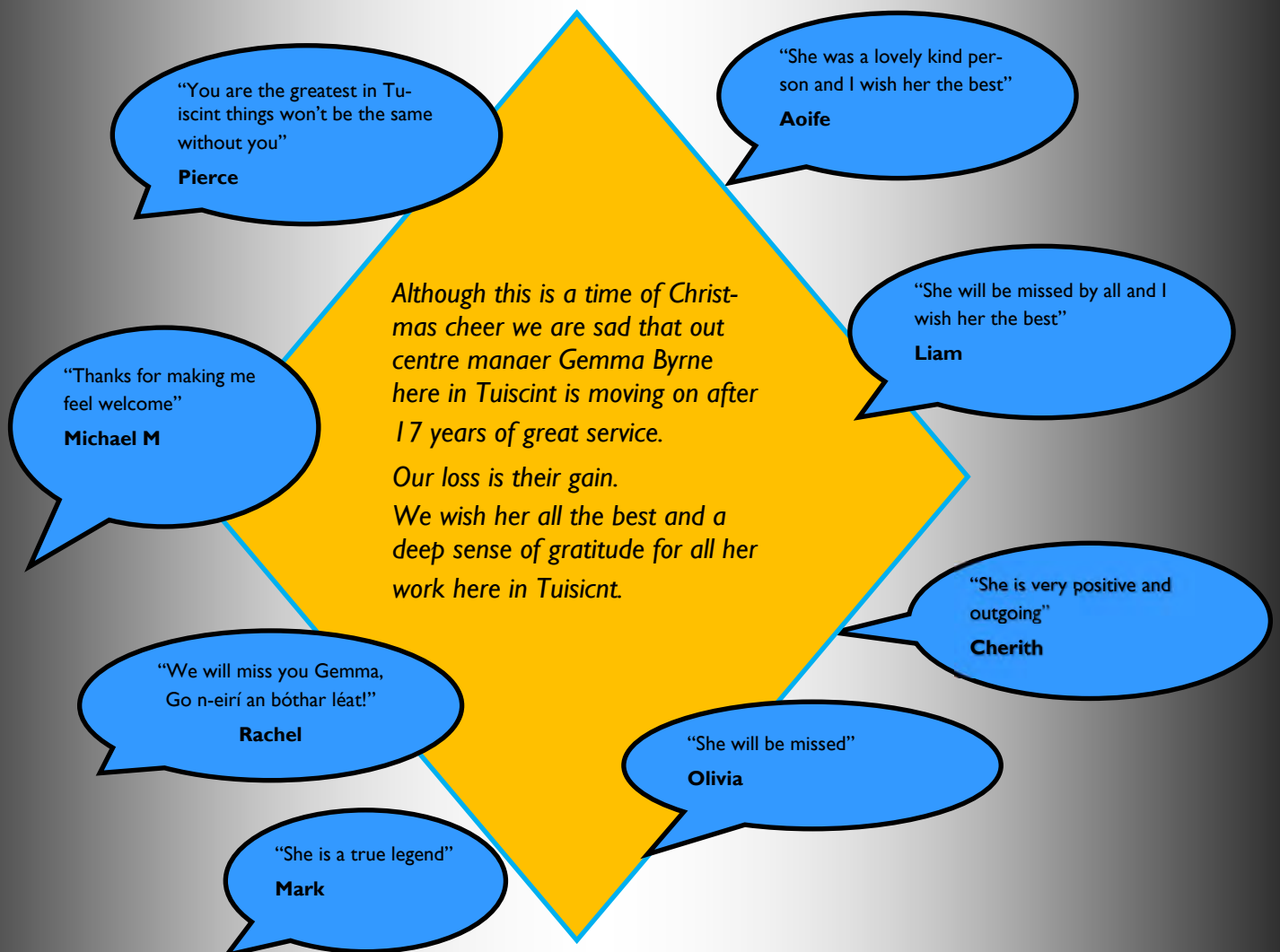
Our students here in Tuiscint have been really enjoying our three classes being currently ran by our ETB workers. These include Advocacy, creative writing and art. Every week these classes are full. Big thanks to the ETB for all their support.

Employment Support

11 students participated in the module. Interview techniques, C.V writing and personal development were the three pillars of this module

Each Student interviewed one family member. This was great experience for them and they all did really well.

Farewell Gemma



STUDENT PIERCE DOES A 60 SECOND INTERVIEW WITH GEMMA, HERE'S HOW IT WENT...

- Q1 What was your first job? "Newsagents in the square"
- Q2 What was your favourite holiday? "Thailand"
- Q3 What is your favourite drink? "Water\Budweiser"
- Q4 Who is your favourite actor? "Denzel Washington"
- Q5 Who is your hero? "Baby nephew Alex"
- Q6 What advice would you give your younger self? "Not to take things too seriously"
- Q7 What two famous people would you like to have as dinner guests? "Davina Mc Call and Dermot Mulroney"
- Q8 What is your favourite saying? "...now"

